



Social Worker and School Counselor Quarterly

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Are you staying connected?

Teachers are using digital platforms to stay connected with students. To ensure your child is up to date you can make sure to respond to Remind, DOJO, or phone calls so that your student stays connected to Hazelwood Elementary! If you don't have access to internet, teachers are able to create packets for students so please just let your child's teacher know.

Food Options

Haywood County has set up food delivery via school busses on your child's normal bus route. In addition to this, schools are open Monday-Thursday for pick up from 11:00-1:00. If your family is in need of additional food please send an email to Farrah or Cassie.

Attention Parents!

We need your help with virtual career day.

If you would like to participate, please film a 3-5 minute video explaining your career – what a typical day looks like, what the training for it was like, what you like most about your job!

Are you struggling with learning at home?

Students do their best when they are on a consistent schedule. Below you will find an example of a daily schedule. We encourage you to do what works best for your family, but keep it consistent. It is important to note that research finds that students do their best learning first thing in the morning.

Talking to your child about Covid 19

You may notice that your child is more worried than normal or is having anxiety about the unknown. Here are some tips from the Center of Disease Control to help you talk with your child about the virus and how to handle their feelings. For more information, please visit: <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

- **Remain calm and reassuring.**
- **Make yourself available to listen and to talk.**
- **Pay attention to what children see or hear on television, radio, or online.**
- **Provide information that is honest and accurate.**
- **Teach children everyday actions to reduce the spread of germs.**

Elementary School Kids

8:00	Eat breakfast , get dressed, put away pajamas, brush teeth
8:30	Write out the day's schedule , set up materials, make snacks for the morning
9:00	Get outside! Head out for a walk, run a few races
9:30	Student reads aloud or independently
10:00	Math practice or logic puzzles
10:30	Story or nonfiction writing , with a snack
11:00	Choose and memorize a poem
11:30	Geography , social studies, or current events
12:00	Lunch and clean-up, make afternoon snacks
12:30	Quiet reading or outside play
1:30	Virtual museum visit or science activity
2:00	Art or science project or music practice, followed by a snack
3:00	Physical activity
4:00	Online meet-up with friends
4:30	Clean up school area
5:00	Downtime with electronics, music or a book
5:30	Dinner and family time

This infographic and other great information found at:

<https://www.nytimes.com/2020/03/20/parenting/home-school-coronavirus.html>