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| --- | --- |
| June CMS Football Schedule |  |
|  | 2025 |
|  |  |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|  | **Weights 3:00-4:00 PM****Skill Practice 4:00-5:15 PM** | **Weights 3:00-4:00 PM****Lineman Practice 4:00-5:15 PM** | **Speed and Agility 3:00-4:00 PM****Skill Practice 4:00-5:15 PM** | **Weights 3:00-4:00 PM****Lineman Practice 4:00-5:15 PM** | **OFF** |  |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
|  | **Weights 8:00-9:00 AM****Skill Practice 9:00-10:15 AM** | **Weights 8:00-9:00 AM****Lineman Practice 9:00-10:15 AM** | **Speed and Agility 8:00-9:00 AM****Skill Practice 9:00-10:15 AM** | **Weights 8:00-9:00 AM****Lineman Practice 9:00-10:15 AM** | **OFF** |  |
| 15 | **16** | **17** | 18 | 19 | **20** | 21 |
|  | **Weights 8:00-9:00 AM****Practice 9:00-10:15 AM** | **Weights 8:00-9:00 AM****Practice 9:00-10:15 AM** | **Speed and Agility 8:00-9:00 AM** **Practice 9:00-10:15 AM** | **Weights 8:00-9:00 AM** **Practice 9:00-10:15 AM** | **OFF** |  |
| 22 | **23** | **24** | 25 | 26 | **27** | 28 |
|  | **Weights 8:00-9:00 AM****Practice 9:00-10:15 AM** | **Weights 8:00-9:00 AM** **Practice 9:00-10:15 AM** | **Speed and Agility 8:00-9:00 AM****Practice 9:00-10:15 AM** | **Weights 8:00-9:00 AM** **Practice 9:00-10:15 AM** | **OFF** |  |
| 29 | 30 |  |  |  |  |  |
|  | **STATE MANDATED DEAD PERIOD OFF** |  |  |  |  |  |