

June 2014 THS Football Workouts

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <i>-THS Fball</i> <i>Workouts 5:30-7 PM</i>	3 <i>-THS Fball</i> <i>Workouts 5:30-7 PM</i>	4 <i>-THS Fball</i> <i>Workouts 5:30-7 PM</i>	5 <i>-THS Fball</i> <i>Workouts 5:30-7 PM</i>	6 OFF	7
8	9 OFF	10 OFF	11 OFF	12 OFF	13 OFF	14
15	16 <i>-THS Fball</i> <i>Workouts 5:30-7 PM</i>	17 <i>-THS Fball</i> <i>Workouts 5:30-7 PM</i>	18 <i>-THS Fball</i> <i>Workouts 5:30-7 PM</i>	19 <i>-THS Fball</i> <i>Workouts 5:30-7 PM</i>	20 OFF	21
22	23 <i>-THS Fball</i> <i>Workouts 5:30-7 PM</i>	24 <i>-THS Fball</i> <i>Workouts 5:30-7 PM</i>	25 <i>-THS Fball</i> <i>Workouts 5:30-7 PM</i>	26 <i>-THS Fball</i> <i>Workouts 5:30-7 PM</i>	27 OFF	28
29	30 OFF					

July 2014 THS Football Workouts

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 OFF	2 OFF	3 OFF	4 OFF	5
6	7 <i>-THS Fball Workouts 5:30-8:30 PM</i>	8 <i>-THS Fball Workouts 5:30-8:30 PM</i>	9 <i>-THS Fball Workouts 5:30-8:30 PM</i>	10 <i>-THS Fball Workouts 5:30-8:30 PM</i>	11 OFF	12
13	14 <i>-THS Fball Workouts 5:30-8:30 PM</i>	15 <i>-THS Fball Workouts 5:30-8:30 PM</i>	16 <i>-THS Fball Workouts 5:30-8:30 PM</i>	17 <i>-THS Fball Workouts 5:30-8:30 PM</i>	18 OFF	19
20	21 OFF	22 OFF	23 OFF	24 OFF	25 OFF	26
27	28 <i>-THS Fball Workouts 5:30-8:30 PM</i>	29 <i>-THS Fball Workouts 5:30-8:30 PM</i>	30 <i>-THS Fball Workouts 5:30-8:30 PM</i>	31 <i>-THS Fball Workouts 5:30-8:30 PM</i>		