



**NORTH CAROLINA STATE BOARD OF EDUCATION**  
**Resolution to Promote School Breakfast**

**WHEREAS**, the Governor of the State of North Carolina and the North Carolina State Board of Education value the 1.5 million public school children in their trust as one of the State's most precious natural resources; and

**WHEREAS**, good and ample nutrition for children enhances and enables learning and attentiveness, and improves attendance and behavior at school; and

**WHEREAS**, North Carolina ranks second in the nation in children who suffer from hunger and food insecurity; and

**WHEREAS**, over half of the students enrolled in North Carolina's public schools qualify for free or reduced-price meals but only 25% participate in the school breakfast program; and

**WHEREAS**, scientific research indicates that students who eat school breakfast show a general improvement in academic performance, including a general increase in math and reading scores and improvements in speed and memory in cognitive tests; and

**WHEREAS**, research concludes that children who eat school breakfast eat more fruits, drink more milk, and consume less saturated fat and sugar than children who do not eat breakfast, thus helping to prevent childhood obesity; now, therefore, be it

**RESOLVED**, That, the North Carolina State Board of Education encourages Local Education Agencies to seek multiple and innovative ways of increasing school breakfast participation in their schools as an additional means of caring for and nurturing our public school children; and

**THAT**, the Board encourages LEAs to consider providing breakfast in the classroom during appropriate instructional and educational activities as one of the multiple options for removing barriers to participation in the school breakfast program; and

**THAT**, the Board directs the Secretary of the State Board of Education to enter a copy of this resolution into the official minutes of the State Board of Education.

---

William C. Harrison, Chairman  
North Carolina State Board of Education

---

Date

---

June St. Clair Atkinson, Superintendent  
Department of Public Instruction